

# December 2014

## DSDHH Newsletter



**19th Year**

**Robert G Sanderson Community Center  
of the Deaf and Hard of Hearing  
5709 South 1500 West Taylorsville, UT 84123-5217**

**Help the DSDHH Newsletter go GREEN!**

Please go to our website,  
[www.deafservices.utah.gov](http://www.deafservices.utah.gov) and click “Subscribe to Newsletter” to be added to our email blast list!  
Beginning with the newsletter in April, we will only continue to mail a printed newsletter to those who do not have access to email.



*This information, presentation, class or other activity is provided at the Sanderson Community Center for interested individuals. The Sanderson Community Center staff encourages participants and individuals to consider all options and experiences and does not endorse nor recommend this specific information, presentation, activity or any individual class, product or service.*

# A Deaf Christmas Eve Story

By Marilyn Call, SCCDHH Director

When I was a young mother with 2 deaf children, trying to adjust to a new life, learn a new language, and take both girls to their special schools clear across town left me exhausted and overwhelmed much of the time. When the holiday season came I felt like a zombie.

Christmas Eve was always a special night for gathering at my Mom & Dad's house with all of my siblings and all of our children. It was a fun and festive night. All of the young cousins were full of too many frosted Christmas cookies and exited for grandma and grandpa (my parents) to pass out presents.

Before the presents, however, my mom always organized a nice Christmas program to try to teach the little ones it was about more than the gifts. The grandchildren put on costumes and acted out the Nativity Scene while grandpa read about Christmas from the Bible. I did the best I could at interpreting what was going on for my girls. I was doing just fine until the program ended with singing traditional Christmas Carols. Christmas music had always been my favorite part of Christmas, but as we were singing that night, the realization that my children would never sing and never hear music hit me deeply. I started crying and quietly left the room. Of course my exit wasn't quiet as Camille and Ashley followed me. They followed me everywhere. Camille signed to me "Why crying?" How could I tell her I was sad that she and Ashley were deaf and that they would never experience music? How can you explain music to anyone?

There were no Christmas miracles that year that made everything instantly better. I still experienced sadness for several years about Ashley having autism and deafness and Camille being deaf. Hearing parents do grieve deeply when they find out their child or children are deaf, because they don't know that a rich deaf life will come. The miracle I was given came slowly and steadily but it happened as I watched my girls grow and their lives unfold. The miracle was accepting life how it



is (was) and noticing the lovely things in a life that was different than expected.

Though music would not be a part of my girls' lives, I realized that they had many different, beautiful opportunities because of deafness and autism. The beauty of sign language and the friends met through a new deaf world made up for not having music. The opportunities Camille had in her short lifetime because of her deafness enriched us all. Having fun each Christmas, giving Ashley creative presents like phone books from all over the state, and seeing her simple happiness gave us a new way to see the world. Yes, the tears and sadness of that long ago Christmas turned to awe and appreciation because of the unique contributions Ashley and Camille brought to our worlds.

I know now that many people experience grief and sadness during the holiday season. Life does not usually look like a Norman Rockwell Christmas Card for anyone. My wish for each of this season is to appreciate each day with our family and friends despite challenges. Relax and be lazy and enjoy the ambience (good vibes) of holiday gatherings. At least football games and Christmas TV shows are captioned now. When communication is hard with your families this season... have some more pie and curl up with a good book or your dog.

Life is good.... Happy Holidays!

My wish for each of us to just relax and enjoy the ambience (environment, good vibes) of holiday gathering and feel gratitude for the different paths our lives have taken.

Happy Holidays Everyone!



The Hind Family and the Sanderson Community Center of the Deaf  
and Hard of Hearing are proud to present

# “A Magical Holiday”

## Holiday Party for Children

Saturday, Dec. 6, 2014 - 10:00 am to 12 Noon

Sanderson Community Center of the  
Deaf and Hard of Hearing

5709 South 1500 West, Taylorsville, Utah

- Children from age 0 to 12 years old
- Light refreshments provided for children
- Bring your camera for Santa pictures with your children
- PLEASE DO NOT BRING GIFTS for your children

**RSVP REQUIRED! Please send an  
email with name and how many  
attending to:**

[jreudter@utah.gov](mailto:jreudter@utah.gov)

or call VP 801-657-5203

**DEADLINE to RSVP- November 21**





# SEWING POTPOURRI

JANUARY 3, 2015  
9:00AM-4:00PM

BRING YOUR OWN LUNCH

Supplies to bring (see the above picture so you can decide your color fabrics to bring)

$\frac{3}{4}$  yard for the body of the pillowcase (blue/tan flowers)  
1/3 yard for the cuff of the pillowcase (black/pink print)  
1/8 yard for the accent strip (yellow stripe)

Please bring your sewing machine and supplies.  
If you are interested in making pillow case or a project that you need help, please contact us.

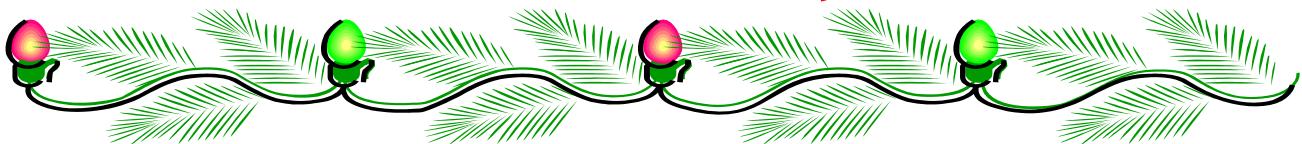
Sign up is required!  
Please email Kathleen Peebler [kjpeebler@gmail.com](mailto:kjpeebler@gmail.com)

Sanderson Community Center of the  
Deaf and Hard of Hearing  
5709 South 1500 West  
Taylorsville, UT 84123

Class will be taught in ASL.  
If any ADA accommodations are needed, please let us know when you sign up.

# Circle of Friends Holiday Party

## December 6, 2014



Meet at the Deaf Center at 10:00 a.m.

We will carpool to Ella & Roger Williamsen's house.

We will return to the Deaf Center by 3:00 p.m.



We will have the opportunity to learn how to prepare, set up festive tables, eat and clean up a traditional holiday meal!

**Contact Rosa Maria at**

**801-590-4888**

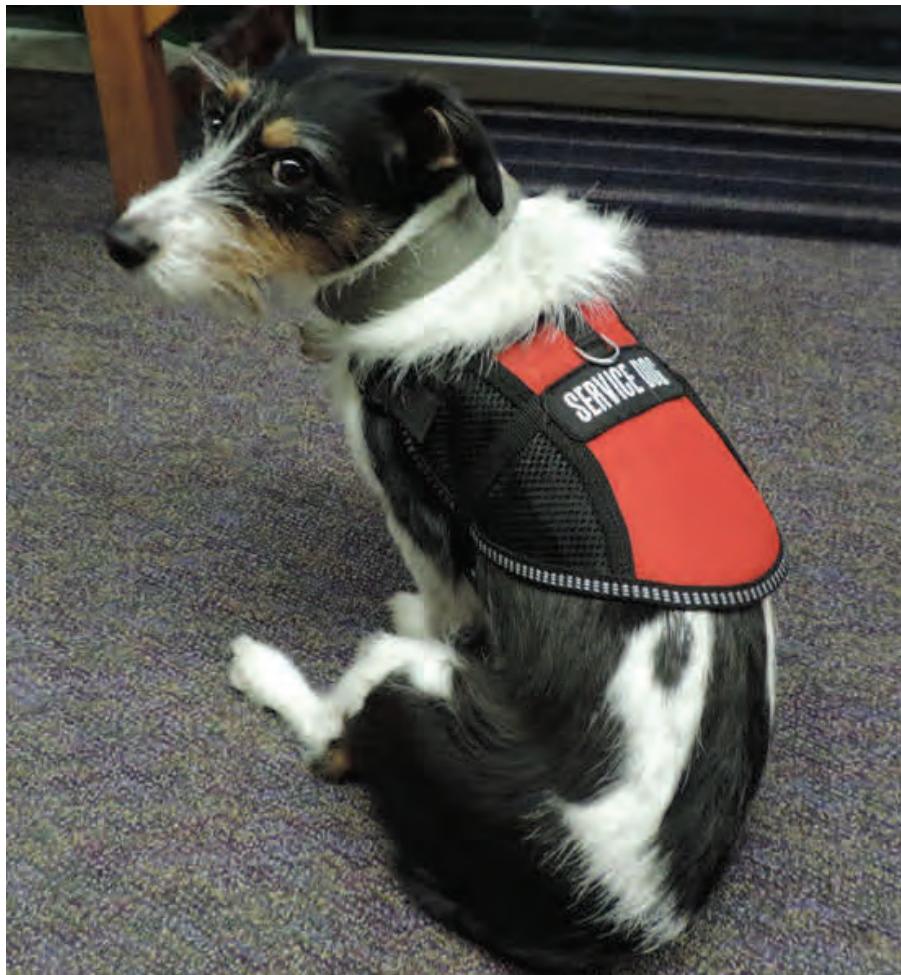
**DEADLINE: December 1, 2014**



Please bring a gift to exchange (costing under \$5.00)

# Sanderson Center is excited to announce... Dog Service Training

*At your Service Dogzz*  
with instructor Lynn Keck



**Free Orientation  
&  
Evaluation:** December 18, 2014  
6:30pm—8pm  
Thursday

**Class begins:** January 6, 2015  
6:30pm—8pm  
Tuesday Evenings

**Cost:** \$20 for each 8-week course  

- *Basic*
- *Intermediate*
- *Advance*

*(Field trips to be announced)*

**Where:** Sanderson Community Center  
of the Deaf and Hard of Hearing  
5709 S 1500 W  
Salt Lake City, UT 84123

To attend, please register by December 16th:  
[dsdhhregistration@utah.gov](mailto:dsdhhregistration@utah.gov)  
*The class will be presented with ASL interpreters.  
Please request other accommodation needs at the time of registration.*

For more info: contact MaryBeth at [mbaierl@utah.gov](mailto:mbaierl@utah.gov)

## **The 2014 Strategic Plan Event was a Huge Success!**

By Joene Nicolaisen, Program Director

We are happy to report that the Sanderson Center's 2014 Strategic Planning meeting was very successful! After months of planning we were able to bring together community members to help us develop a five-year plan to improve services for Utah's Deaf, Deaf/Blind and Hard of Hearing Community.

The event held on November 14th and 15th, consisted of two full days of brain storming, goal setting and developing action plans for achieving the goals. About 35 group participants represented Deaf, Deaf/Blind and Hard of Hearing community members; Sanderson Center staff; parents of children who are Deaf, Deaf/Blind or Hard of Hearing; representatives and professionals from the Utah Association for the Deaf (UAD), Sego Lily Center for the Abused Deaf (SLCAD); University of Utah; Utah School for the Deaf; interpreters and other professionals. We appreciate all that attended and contributed to the plan.

We were very fortunate to have Sherri Collins lead us in the discussions and developing the strategic plan. Sherri is the Executive Director for the Arizona Commission for the Deaf and Hard of Hearing (ACDHH). Sherri is extremely knowledgeable of what the needs are of the Deaf, Deaf/Blind and Hard of Hearing people especially in the age of ever changing technological advances we are experiencing today. Sherri skillfully guided us in creating a plan that will help take us into the next five years and beyond. Thank you Sherri! The plan will encompass three main categories: 1) Technology, 2) Community Service and 3) Parent advocacy and support.

We are excited to share the strategic plan with you very soon! Please look for it on our website and Facebook pages in early January. Enjoy a few pictures from the planning meetings.

## **WELCOME OUR NEWEST DSDHH STAFF MEMBER!**



Hi everyone!!! I am Cheri Mills one of the newbies. I just started as a Case Manager at the Sanderson Center. My responsibilities as a case manager are to assist my clients with reading and understanding documents, forms, and letters, applying for various programs, and advocating with my client for his or her needs. I am also Certified Social Worker, which means I can also provide counseling services. I lived in California when I was younger then moved to Utah where I graduated from Spanish Fork High School. I attended Utah Valley University for four years and graduated with a B.A. in Deaf Studies. I then moved to Washington, D.C. to attend Gallaudet University for my Masters of Social Work. I am excited to be back in Utah with my beautiful mountains and look forward to working with everyone at the Sanderson Center.

# Learn Sign Language and Build Your Brain Power



"Hello"



"Good Bye"



"Yes"



"No"



"Thanks"



"You're Welcome"



"Please"



"Sorry"

## New way to communicate

For CASE: Conceptually Accurate Signed English

Tuesdays starting January 8, 2015 ending February 26, 2015

9:30-11:30 AM

A slow paced class that covers:

- ✓ Alphabet
- ✓ Animals
- ✓ People
- ✓ Colors
- ✓ Questions
- ✓ Holidays & Religions
- ✓ Preposition & Locations
- ✓ Home & Community
- ✓ Quantity, Thoughts & Emotions
- ✓ Time, Seasons, Weather & Verbs

Where: Mt. Olympus Senior Center

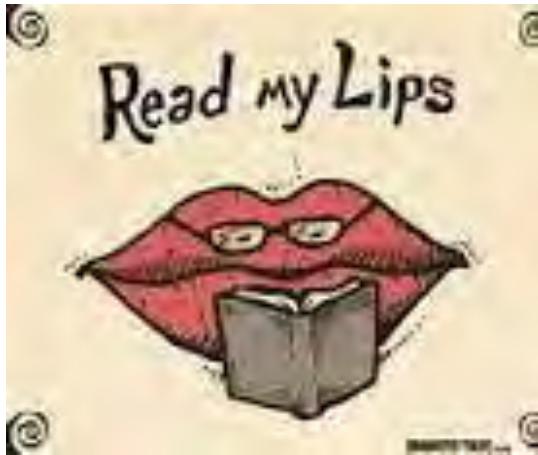
1535 E Murray-Holladay Rd.  
Murray, Utah

Contact Kaylie Sager at (801) 274-1710  
**To Sign Up**

1,000 Signs of Life book is used the first day of  
class.

Ask teacher for details on how to purchase





# LEARN SPEECHREADING

- Non-verbal communication
- Awareness of speech clues
- Understand phonetics 7 homophones
- Speech Development
- Non-verbal drills

## When?

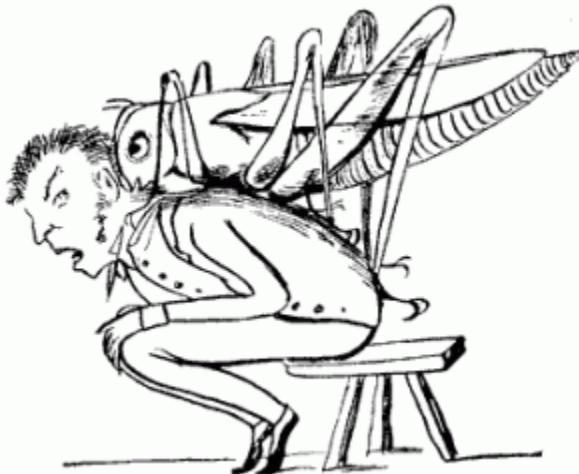
Classes will be Monday mornings from 10-12 noon starting February 2 and ending April 6, 2015 (skipping Feb 16<sup>th</sup> for Presidents Day).

## Where?

At the Sanderson Center for the Deaf and Hard of Hearing.  
5709 South 1500 West in Taylorsville.

For more information and to register  
contact Chelle George  
[chellegeorge@utah.gov](mailto:chellegeorge@utah.gov) or 801-313-6813.





# Is tinnitus bugging you?

Come to a free, four week class to learn:

- ❖ The definition, sounds and cycles
- ❖ Causes of tinnitus, type of hearing loss & various diseases
  - ❖ Coping Skills
  - ❖ Treatments

**When?** On Thursdays, Jan. 8 – Feb 5, 2015  
(skipping January 29<sup>th</sup>)  
From 2:00-3:30 PM.

**Where?** The Sanderson Center for the Deaf and Hard of Hearing  
5705 South 1500 West, Taylorsville, UT 84123

For more information and to register  
contact Chelle George  
[chellegeorge@utah.gov](mailto:chellegeorge@utah.gov) or 801-313-6813





# Do you want to learn American Sign Language?

Please register at [plowry@utah.gov](mailto:plowry@utah.gov)

## ASL I

No knowledge of ASL  
*Book required - cost \$20*

**January 13 - March 31, 2015**

6:30 - 8:00 pm  
Tuesdays only

## ASL II

Have basic ASL skills  
*No book needed*

**January 13 - April 2, 2015**

6:30 - 8:00 pm  
Tuesdays or Thursdays

## ASL III

Have conversational ASL skills  
*No book needed*

**January 15 - April 2, 2015**

6:30 - 8:00 pm  
Thursdays only

## ASL for Children

Ages from 6 to 11  
*No book needed*

**January 13 - April 2, 2015**

6:30 - 8:00 pm  
Tuesdays or Thursdays

## Schedule of Events

Dec 6th: ASL Senior 50+

Holiday Social held at Clubhouse in Washington Ut, but please RSVP and sign up for assigned potluck, see flyer for contact.

Dec 9th: ASL Holiday Social, . Here at SUDHHP new conference room 6-8pm Bring some goodies and watch ASL comedy videos.

Dec 13th: Workshop "So you Think you know what an Interpreter is ?" at 9am, Guest from SLC Samond Bishara, this is for both Deaf and Interpreters.

Dec 15-16 ASL Interpreter Testing  
Contact Meadow for details...  
mlisonbee@utah.gov

Dec 25th: **OFFICE CLOSED**  
Merry Christmas!

### Watch for in January

- Political Workshop
- DOAC Bowling Night
- Sego Lily Self Defense

# DECEMBER 2014

"OUR MISSION IS TO ENHANCE THE QUALITY OF LIFE FOR PEOPLE WHO ARE DEAF OR HARD OF HEARING BY PROVIDING EDUCATION, ADVOCACY AND ACCESSIBLE SUPPORT SERVICES"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	ASL Senior 50+ Holiday Social
7	8	9  ASL HOLIDAY SOCIAL	10	11	12  Deaf and Terp Workshop	13
14	15  Interpreter Testing In St. George Contact UIP	16	17	18	19	20
21	22	23	24  OFFICE CLOSED CHRISTMAS DAY	25	26	27
28	29	30	31			

For more information on state services  
[www.deafservices.utah.gov](http://www.deafservices.utah.gov)

\*\*\*\*\* PLEASE NOTE \*\*\*\*\*

Remember to always RSVP to reserve your spot at any of the activities.  
Let us know if you need any ADA accommodations when you RSVP.  
Thank you.



Please Join us for our Annual  
**ASL Senior Social +50**  
**CHRISTMAS**  
**Fiesta!**

SATURDAY, DECEMBER 6TH  
11AM-4PM

CLUBHOUSE AT 347 NORTH DOVER LANE  
WASHINGTON UTAH 84780  
(NO STREET PARKING PLEASE)

PLEASE CONTACT FAITH BASSETT  
TO KNOW WHAT YOU NEED TO BRING  
VP 435-216-1338  
RSVP DEADLINE DECEMBER 3RD

**BRING \$10 GIFT AND PLAY WHITE ELEPHANT**

(NO CHILDREN PLEASE)

SUDHHP PROVIDES MEAT



**DECEMBER 9TH, 2014**

**5:30-8:30**



# **ASL HOLIDAY SOCIAL**



*Come learn ASL Comedy*

**EVERYONE INVITED!** our annual ASL Holiday Social. List of Fun Games, Meet new people, catch up with old friends and *bring yummy treat potluck.*

*Vote for the best treat!!*



1067 East Tabernacle #10  
St. George Utah 84770



Any ADA Accommodations needed please inform us: 435-673-8974



Read my Lips

FREE

## Learn to Lip Read

taught by

Peggy Thomson

Hard of Hearing Specialist

- **Lip Reading II** - Every Tuesday, 10:00-11:00 AM  
Starting on Jan. 9th for 8 weeks.  
(Lip reading I is not required)

Held at St. George Senior Center  
245 North 200 West  
St. George Utah



*Any ADA accommodation  
please call:*

Southern Utah Deaf &  
Hard of Hearing Program  
435-628-5368



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# **“So You Think You Know What an Interpreter Is?” Workshop**

Sat., Dec. 13, 2014  
9 a.m. – noon

*Presented in ASL by The VRS Interpreting Institute  
Samond Bishara*

<http://youtu.be/GrKZ6Dul4CI>

At this workshop, learn more about the interpreting process, how interpreters think, what they are taught in Interpreter Education Programs and their role in communication.

Better understanding leads to better communication services, less frustration and better relationships.

Open to the Deaf and Hard-of-Hearing Community and American Sign Language interpreters.

Location: Southern Utah Deaf and Hard of Hearing Services Center  
1067 E. Tabernacle, Suite 10  
St. George, Utah



*Light refreshments will be served.*

BY

**VRS Interpreting Institute**

Any ADA accommodations please inform us: 435-673-8974 v or 435-216-9305 vp